



Canadian Mental
Health Association
Fort Frances Branch

2018

MARCH

FOR MORE
INFORMATION
AND FOR PICK-UPS
PLEASE CALL:
727-2162

Shari Ext# 203
OR

Brenda Ext # 202
(Tuesday & Wednesday)

Drop In OPEN
Tuesday to Friday
10:30 am to 3 pm
201- B Hammell Rd
RED LAKE

PLEASE CALL THE
OFFICE BY 9:30 FOR
A RIDE
DROP OFF TIME
3p.m.

All activities start at
1 p.m.

Tue	Wed	Thu	Fri
		1 Calendar planning meeting	2 MOVIE
6 OPEN	7 Healthy Lunch	8 CROSSWORD PUZZLES	9 Recipe Book planning
13 Board games	14 Healthy Lunch	15 Beading	16 CRAFT
20 Spring! :) CLOSE @1:45	21 NWHU presents Dental hygiene and healthy eating	22 Cribbage	23 Recipe Book planning
27 Board games	28 Healthy Lunch	29 Word Search puzzles	30 CLOSED Good Friday