



Canadian Mental
Health Association
Fort Frances Branch

2018

JANUARY

Tue	Wed	Thu	Fri
2 Card games	3 Healthy Lunch Program	4 Word searches	5 Membership meeting
9 Puzzles	10 Inspirational wall art	11 Recipe book collection <i>Please bring your favorites</i>	12 Cribbage Game
16 CRAFT	17 BAKING	18 Drop In OPEN	19 Movie and popcorn
23 S.A.D. Presentation	24 Healthy Lunch Program	25 BINGO	26 Clay Art
30 Recipe book design	31 Healthy Lunch Program		

FOR MORE
INFORMATION
AND FOR PICK-UPS
PLEASE CALL:
727-2162

Shari Ext# 203

OR

Brenda Ext # 202

(Tuesday & Wednesday)

Drop In OPEN

Tuesday to Friday

10:30 am to 3 pm

201- B Hammell Rd

RED LAKE

**PLEASE CALL THE
OFFICE BY 9:30 FOR
A RIDE**

**DROP OFF TIME
3p.m.**

**All activities start at
1 p.m.**