

**Fort Frances District Peer Support
Drop-In Centre
Minutes of the February 6, 2017
Membership Meeting**

Our Vision - Mental health and wellness in all communities

Our Mission - to be a leader in the provision of advocacy, education, research and client-centered recovery-based services in the Kenora and Rainy-River District

Our Values - collaboration, empowerment and self-determination, diversity and social justice, accountability, integrity and transparency and innovation

UPCOMING EVENTS:

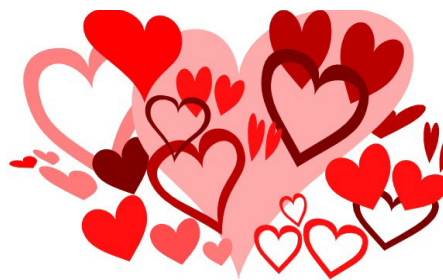
February - Valentine's Day, Family Day

March - St. Patrick's Day

April - Day of Pink, April 12th, Easter

**Watch for Activities on our monthly
calendar!**





We talked about a variety of activities, assigned some homework to members present to get information about the venues or specifics about the proposed activity.



Some ideas of activities that were talked about at the meeting were as follows:

- Puzzle groups
- Green Meal (St. Patrick's Day)
- Euchre
- Yahtzee
- Chess
- Scrabble
- Checkers
- Crock Pot Cooking
- Day of Pink Walk
- River walk
- Richard Morrison (Cultural Awareness)
- Valentine's Day cookies
- Easter Luncheon



**STAY
STRONG
AND
STOP
BULLYING**

WHAT WE DECIDED:

February—Valentine's Day cookies

March—St. Patrick's Day Irish Stew

April—Day of Pink Walk, Easter Luncheon

Sign up to help for the Easter Meal

watch the events calendar for details

