

**Fort Frances District Peer Support
Drop-In Centre
Minutes of the May 8, 2017
Membership Meeting**

Our Vision - Mental health and wellness in all communities

Our Mission - to be a leader in the provision of advocacy, education, research and client-centered recovery-based services in the Kenora and Rainy-River District

Our Values - collaboration, empowerment and self-determination, diversity and social justice, accountability, integrity and transparency and innovation

UPCOMING EVENTS:

May - Mental Health Week, Mother's Day, Manitou Fish Fry

June - Father's Day, Trips to the Greenhouse

July - July 1st, July 8th Dragon Boat Races

Watch for Activities on our monthly calendar!

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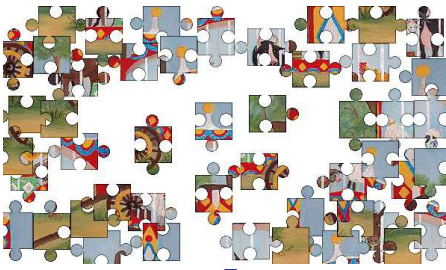
SICK OF WAITING

66TH Annual CMHA Mental Health Week

#GETLOUD

May 1-7, 2017

CMHA
MENTAL
HEALTH
WEEK



We talked about a variety of activities, assigned some homework to members present to get information about the venues or specifics about the proposed activity.



CANADA 150
1867-2017



Some ideas of activities that were talked about at the meeting were as follows:

- Puzzle Week
- Beach Days
- Bass Lake (August)
- Greenhouses
- Walks
- Sorting Gap (Ice Cream)
- Yard Games
- Texas Horseshoes
- Bocci Ball
- Fire Pit
- River walk
- Richard Morrison (Cultural Awareness)
- Valentine's Day cookies
- Friendship Bracelets
- Bead Work (Dream Catchers)
- Sewing
- Painting
- July 1st Party (June 29th BBQ)

WHAT WE DECIDED:

watch the events calendar for details

May—Mental Health Week Activities

June—Green Houses / BBQ for July 1st Celebration

July—Yard Games and Beach Days

