

**Fort Frances District Peer Support
Drop-In Centre
Minutes of the July 20, 2017
Membership Meeting**

Our Vision - Mental health and wellness in all communities

Our Mission - to be a leader in the provision of advocacy, education, research and client-centered recovery-based services in the Kenora and Rainy-River District

Our Values - collaboration, empowerment and self-determination, diversity and social justice, accountability, integrity and transparency and innovation

UPCOMING EVENTS:

August - 5th Annual Bass Lake Picnic Thurs., Aug. 24th

September - 19th Annual Conference Wed, Sept, 13 & Thurs, Sept., 14

**October - Steps Against Stigma 1K & 5K Walk/Run
Watch for Activities on our monthly calendar!**

**The 19th Annual
Consumer & Family Conference**





We talked about a variety of activities, assigned some homework to members present to get information about the venues or specifics about the proposed activity.



Some ideas of activities that were talked about at the meeting were as follows:

- Friendship Bracelets
- Beach Days
- Bass Lake (August)
- Walks
- Sorting Gap Walk (Ice Cream)
- Yard Games
- Texas Horseshoes
- Bocci Ball
- River walk
- Richard Morrison (Cultural Awareness)
- Baking cookies
- Bead Work (Dream Catchers)
- Thanksgiving
- Halloween
- Steps Against Stigma Run/Walk
- Eighth Street Trails
- Manitou Mounds



WHAT WE DECIDED:

watch the events calendar for details

**August— Sorting Gap Marina Walk and Ice Cream, Bake Cookies, Beach Days,
Bass Lake Picnic,**

September—Conference, Dream Catchers, Friendship Bracelets

