



Canadian Mental
Health Association
Fort Frances Branch

Peer Support Drop-In Centre Activities for January 2019

Drop-In Hours 8:30am-1:00pm Monday-Friday



612 Portage Avenue

Mon	Tue	Wed	Thu	Fri
NO SMOKING POLICY IN EFFECT JANUARY 1ST 2019	1 Closed Happy New Year	2 DROP-IN NO SMOKING POLICY IN EFFECT ORDER HEALTHY FOOD BOOX	3 CARDS	4 DROP-IN
7 DROP-IN	8 HAIRCUTS	9 NP CLINIC	10 MENU PLANNING	11 DROP-IN
14 DROP-IN	15 SEWING	16 PAINTING PICK-UP HEALTHY FOOD BOX	17 GAMES	18 BINGO
21 DROP-IN	22 GAMES	23 BP Clinic in the boardroom	24 Drop-in	25 MOVIE DAY
28 DROP-IN	29 CROCK POT COOKING CLASSES	30 NP CLINIC	31 WAL-MART SHOPPING CLOSED At 12:30 pm	