



Canadian Mental
Health Association
Fort Frances Branch

Peer Support Drop-In Centre

Menu for February 2019

Lunch is served between 11:30 and 12 noon Mon-Fri

612 Portage Avenue

Mon	Tue	Wed	Thu	Fri
Menu subject to change				1 Soup/ Salad & Sandwiches
4 Chili- D	5 Smokies- K	6 S&S Meatballs and Rice- K	7 Chili Dogs & Fries- D	8 Soup/ Salad & Sandwiches
11 Alfredo- D	12 Ruebens- K	13 Cheeseburgers- K	14 Taco Salad- D	15 Soup/ Salad & Sandwiches
18 Drop- In Closed; Family Day	19 Chicken Burgers & Fries- K	20 Meatball Subs- K	21 Quiche- K	22 Soup/ Salad & Sandwiches
25 Tator Tot Casserole- D	26 Denvers- D	27 Spaghetti- D	28 Perogies- D	