
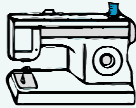



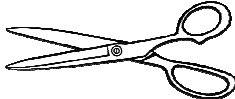

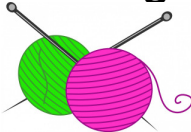






Canadian Mental
Health Association
Fort Frances Branch

Peer Support Drop-In Centre Activities for February 2019

Drop-In Hours 8:30am-1:00pm Monday-Friday
612 Portage Avenue

Mon	Tue	Wed	Thu	Fri
				1 Cards 
4 Drop- In	5 Sewing 	6 Order Food Box Menu Planning 	7 How to dress for winter with Ky and CC	8 Movie Day 
11 Cards 	12 Drop- In	13 NP Clinic Haircuts @ 9am 	14 Food and Mood with Ky and CC	15 BINGO 
18 Drop- In Closed; Family Day	19 Knitting 	20 Drop- In Pick up Food Box	21 Cards 	22 Drop- In
25 Drop- In	26 Cards 	27 NP Clinic/ BP Clinic	28 Walmart	