



# DRYDEN CMHAFF DROP-IN CENTRE

## December 2017

52 Van Horne Ave.  
**Located In The Back**  
223-8841 ext. 224 or 225

MON	TUES	WED	THURS	FRI
27 Open Art Project	28 Word Search YOGA	29 <b>Christmas Baking</b> Walmart trip (tentative)	30 Games Day YOGA Walmart trip (tentative)	1 <b>Movie Day</b> Healthy Living Food Box Drop off <b>Decorating Drop-in</b>
4 BINGO@ 11am or 1pm	5 <b>Haircuts</b> 10am-12pm YOGA	6 <b>Membership Meeting</b>	7 Games Day <b>Bowling</b> YOGA	8 <b>p off</b> Movie Day <b>Ornament Making</b>
11 Drop-in	12 Education YOGA	13 <b>Christmas Baking</b> Birthday's	14 Games Day YOGA	15 HLFB P/U <b>Christmas Luncheon</b> 12-4pm
18 Christmas Cheer pickup	19 Christmas Cheer pickup	20 <b>CLOSED</b> @12:30pm Staff Party Christmas Cheer pickup	21 Games Day	22 <b>Movie Day</b> Un-Decorate <b>CLOSED @2pm</b>
25 <b>CLOSED</b> Christmas Day	26 <b>CLOSED</b> Boxing Day	27 <b>CLOSED</b>	28 <b>CLOSED</b>	29 <b>CLOSED</b> Re-Open Jan 2 2018

**Hours of Operation:**  
9:30am to 3:00pm

**Unless otherwise stated**

### Events Description

- ⇒ **HAIR CUTS 5\$** Come with washed hair, sign up
- ⇒ **BINGO**—USEFUL PRIZES !
- ⇒ **Open Art Project**—You decided what you want to make, get creative!
- ⇒ **Walks**—Boost your mood by walking!
- JUST ASK!**
- ⇒ **Games Day**—Play games, your choice!
- ⇒ **Movie Day**—Friday
- ⇒ **Birthdays** celebration for all members this month
- ⇒ **WALMART Trip**—SIGN UP REQUIRED
- ⇒ **YOGA** is 12:00pm Tues/Thurs, meet Gina at the pool and fitness centre before
- ⇒ **Baking** ~ Learn to bake and bring your ideas
- ⇒ **Bowling** ~ We provide passes for two games
- ⇒ **Rec Centre** ~ Kam can take you ~ Just Ask!
- ⇒ **Seasonal Events**