



ASIST

APPLIED SUICIDE INTERVENTION SKILLS TRAINING

ASIST is the most widely used suicide intervention-training program in the world.

Course Description

The Applied Suicide Intervention Skills Training (ASIST) workshop is for any individual who wants to feel more comfortable, confident and competent in helping to prevent the immediate risk of suicide.

ASIST is a two-day (15 hours) skills intensive, interactive and practice-dominated course designed to help participants recognize risk and learn how to intervene to prevent the immediate risk of suicide.

**Just as “CPR” skills make physical first aid possible,
training in Suicide Intervention develops the skills needed for suicide first aid.**

Who Should Attend

ASIST is suitable for mental health professionals, nurses, physicians, pharmacists, teachers, counsellors, youth workers, police, correctional staff, school support staff, clergy and community volunteers. In ASIST, sophisticated helping concepts are translated into generic language so that individuals from different backgrounds and work environments can learn together.

The 2 day training sessions are held from 8:30am to 4:30pm

Cost is \$300.00 (lunch provided)

For More Information Contact: *Canadian Mental Health Association, Fort Frances Branch*

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This workshop is sponsored by

